



Manitoba 

Annual Report

1988-89

**Alcoholism
Foundation
of Manitoba**



91-01965/

Minister of Health

Room 302
Legislative Building
Winnipeg, Manitoba, CANADA
R3C 0V8

His Honour George Johnson, M.D.
Lieutenant-Governor
Province of Manitoba

May It Please Your Honour:

I have the privilege of presenting herewith the
Annual Report of the Alcoholism Foundation of Manitoba
for the fiscal year 1988/89.

Respectfully submitted,

Donald W. Orchard



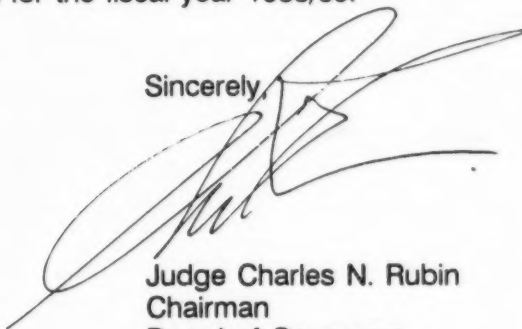
ALCOHOLISM FOUNDATION OF MANITOBA

The Honourable Donald W. Orchard
Minister of Health
Winnipeg, Manitoba

Sir:

I have the honour of presenting herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1988/89.

Sincerely,



Judge Charles N. Rubin
Chairman
Board of Governors

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THE ALCOHOLISM FOUNDATION OF MANITOBA MISSION AND ROLES STATEMENT

Corporate Mission Statement:

The Alcoholism Foundation of Manitoba is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; and for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans.

Corporate Roles:

AS A SERVICE PROVIDER -- The AFM conducts intervention, prevention, treatment, rehabilitation, research and evaluation programs, including public information, education and training services; and operates clinics, hospitals, centres and offices to deliver such programs.

AS A SPONSOR AND FUNDER -- The AFM enters into agreements with, and makes grants to, government and non-government agencies conducting activities consistent with the mission of the Foundation.

AS A LEADER -- The AFM provides expertise, encouragement and motivation to the community, government and non-government agencies in addressing the problems associated with chemical misuse and dependency; and thereby promotes the health, independence and potential of Manitobans.

Corporate Goals:

To increase non-residential and day treatment programs while maintaining a basic minimum level of institutionalized services.

To provide youth treatment services in major centres throughout the province.

To increase emphasis on prevention activities to reduce the misuse and abuse of alcohol and other drugs.

To train and educate professionals and para-professionals to assess, intervene and refer alcohol and drug abusers.

To influence attitudes of individuals, communities and policy makers towards resolving the problems of alcohol and drug abuse.

CHAIRMAN'S REMARKS

The past year was an eventful one for the addictions field in Manitoba as the Foundation continued its efforts to set future directions for addictions programming in the province and ultimately, to continue to provide required addiction services to Manitobans.

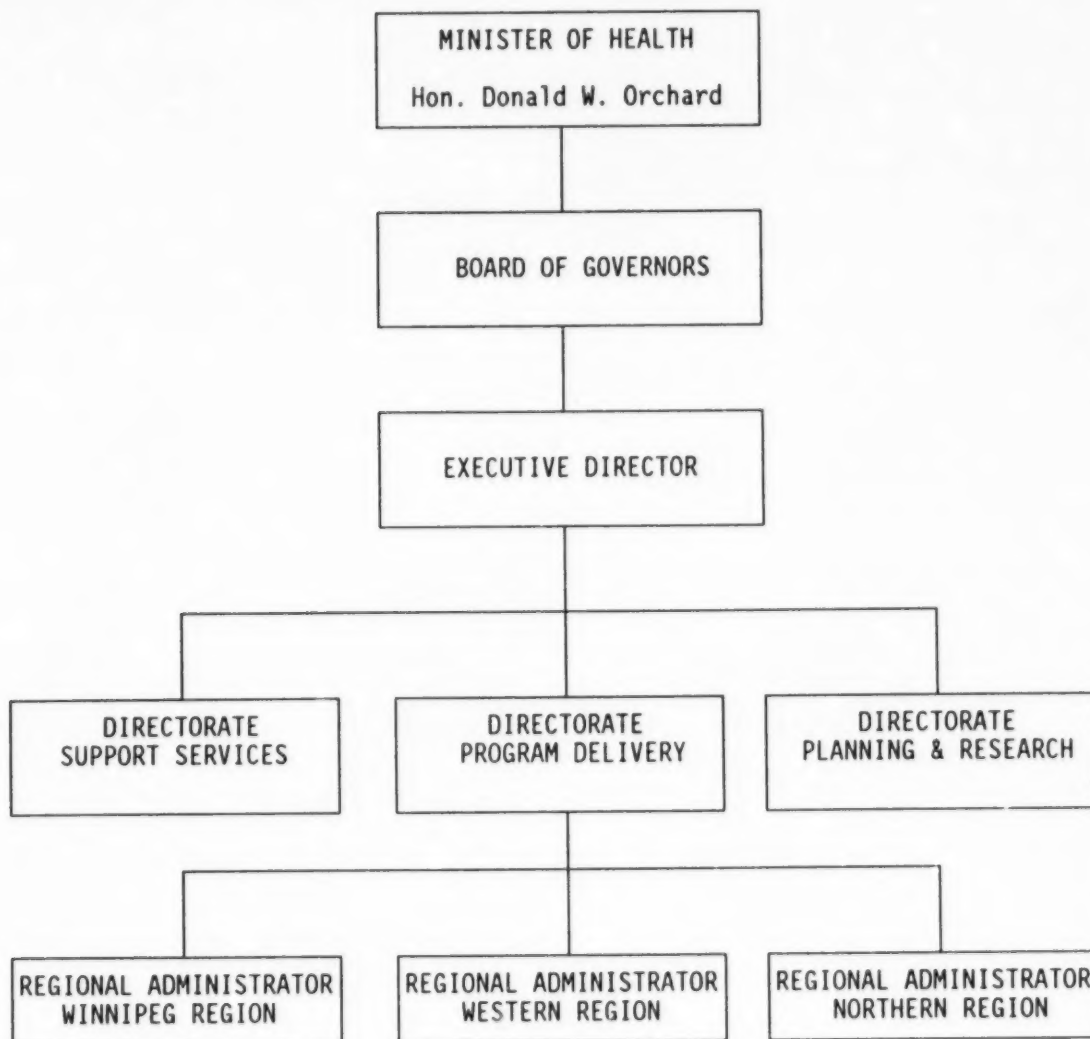
This year our corporate strategic planning identified the need to create corporate goals and objectives as a priority. Through extensive consultation within the organization involving the Board, the Regional Advisory Boards, and AFM staff province-wide five corporate goals and specific objectives relative to the goals were developed and prioritized for implementation over the next decade.

The AFM also made strides in improving services to women. The expansion of women's services in Winnipeg to include residential, non-residential, family counselling and prevention/education services from our Women's River Avenue Centre was a major step in this direction. This initiative will address the specialized needs of women generally, and specifically chemically-dependent women and their families. Through this initiative Manitoba continues to demonstrate its leadership in the area of women and addictions.

A review of the many other accomplishments of this fiscal year will reveal the quality, care and dedication provided by AFM staff and the many other committed individuals in communities throughout the province. I would like to pass on my thanks to our staff and Board, the Boards and staff of the Funded Agencies, the Advisory Board members and the many volunteers and contributors throughout the Province.

Judge Charles N. Rubin
Chairman
AFM Board of Governors

**THE ALCOHOLISM FOUNDATION OF MANITOBA
ORGANIZATION CHART**



**THE ALCOHOLISM FOUNDATION OF MANITOBA
BOARD OF GOVERNORS
1988/89**

Judge Charles N. Rubin
Chairman
Winnipeg

Mr. George Rajotte
Vice-Chairman
Winnipeg

Mr. James Toal
Treasurer
Winnipeg

Mr. David Andreychuk
The Pas

Mrs. Jean Burgess
Brandon

Ms. Michelle Cadieux*
Letellier

Mr. Casper Chernenkoff*
Brandon

Ms. Pam Dalkeith
Winnipeg

Mr. Jalmar Erickson
Ashern

Dr. Derek Fewer
Winnipeg

Mr. Bob Jenkins
Brandon

Mr. Elliot Leven
Winnipeg

Mr. Ed Ogelski*
Winnipeg

Mr. Jim Sanders
Thompson

Ms. Georgina Schepp
Russell

Rev. Jim Scott*
Portage la Prairie

Mrs. Janice Stow
Graysville

Mr. Henry Wilson
Thompson

Ms. Vicki Yakemishin
Dauphin

Mr. Ian J. Puchlik
Executive Director
(Ex-Officio)

*Resigned or term ended in
1988/89

THE ALCOHOLISM FOUNDATION OF MANITOBA

SENIOR OFFICERS

Ian J. Puchlik
Executive Director

Jerry Dragan
Director, Program Delivery

Linda DuBick
Director, Planning and Research

Tim Duprey
Director, Support Services

REGIONAL ADMINISTRATORS

Herb Thompson
Winnipeg Region

Marston Grindey
Western Region

Glen Gordon
Northern Region

SUPPORT SERVICES DIRECTORATE

The Directorate provides service, advice, direction and control to the organization in the areas of financial planning, accounting, human resource management, information dissemination, and building operations and maintenance.

Directorate Highlights

Major highlights of Directorate operations in 1988/89 included assistance provided to Western Region Advisory Board and staff in analyzing and documenting the Brandon facility requirements. Proposals were made for the amalgamation of the Sun Centre and Matheson House operations into a new combined facility. The Directorate also coordinated the redevelopment and expansion of the Foundation's *Administrative Manual*.

Finance Unit

The Finance Unit plans, controls and operates the accounting, audit, budgeting, finance and purchasing systems of the Foundation.

During the course of the year, the Unit developed a budgetary reference manual and provided budgetary training to staff throughout the Province. As well, the Unit implemented the recommendations of a budgetary system review, including the development of a monthly financial management report and changes to the quarterly estimates process. The Finance Manager participated in the review and redevelopment of the Foundation's *Administrative Manual*, which included a complete review of finance procedures.

Personnel Unit

The Personnel Unit develops, implements and maintains comprehensive personnel management programs for the Foundation.

Throughout the year, services were provided in the areas of labour and employee relations, recruitment, job evaluation, payroll, pay administration, management training, and human resource management policies and procedures.

The Personnel Unit participated in several major projects, including:

- . completion of Human Resource Management procedures for the *Administrative Manual*;
- . ongoing participation in the development of the Foundation's Effective Performance Management system;
- . development and implementation of Workplace Hazardous Materials Information requirements;
- . participation in the Ethical Guidelines Review, the AFM/MGEA Employee Assistance Program Committee and the Rehabilitation Counsellor Development Committee;
- . negotiation of a Pay Equity Agreement with the Manitoba Government Employees' Association;
- . provision of training sessions for all management and staff regarding changes in the new Collective Agreement.
- . liaison with the Civil Service Commission's Staff Training and Development Division to facilitate Foundation staff training and development;
- . a province-wide classification review of positions within the Administrative Assistant classification.
- . assistance to the Workplace Health and Safety Committee which dealt with such issues as smoking in the workplace, environmental conditions and new legislation related to Workplace Hazardous Materials.

William Potoroka Memorial Library and Information Services

The William Potoroka Memorial Library in Winnipeg has the province's most comprehensive collection of books and other publications on alcohol and other drugs. The Library houses 3,500 books, 75 current journal and newsletter subscriptions, 375 audio-visual titles, over 100 vertical files containing newspaper clippings and various reference materials, and a wide variety of brochures and pamphlets on drug and alcohol issues and concerns. The Library is open to the general public, students and professionals throughout Manitoba, as well as Foundation staff.

The Library experienced an increased demand for services during the year. Staff distributed information packages on a wide variety of topics; published quarterly lists of new books and audio-visual materials; arranged inter-library loans; and provided reference services and consultations on the development of book and audio-visual collections to schools, industry and other organizations.

The Library was awarded a grant by the Winnipeg Foundation to assist with the installation of a computerized library system. The computerization project, when completed, will facilitate addiction research, assist users in finding appropriate material and give rural areas access to improved library services.

Building Operations Unit

The Building Operations Unit is responsible for the maintenance, renovation and operations of the Foundation's six facilities in Winnipeg. The Unit also provides housekeeping and food services to the treatment centre at 1041 Portage Avenue.

The Unit continued to coordinate the Foundation's refit and renovations program, which has been underway for eight years. This year, the Unit focused on extensive improvements to the residential treatment facility at 1041 Portage Avenue, and the continued renovation of the Women's Centre for Substance Abuse facilities, River House and Christie House. The Portage Avenue project included the replacement and redecorating of all bathrooms, client rooms and reception area, reflooring, new windows, and improvements to kitchen equipment.

PLANNING AND RESEARCH DIRECTORATE

The Planning and Research Directorate supports the work of the Foundation by addressing corporate priorities, emerging issues and trends. It coordinates strategic planning and conducts policy research, analysis and development, and is responsible for developing service standards to be used for internal program audits. The Directorate also conducts research and evaluation activities related to alcohol and drug abuse prevention and treatment.

Corporate Strategic Planning

The Foundation's planning process operates under the leadership and guidance of the Corporate Strategic Planning Committee of the Board of Governors.

During 1988/89, detailed implementation plans were completed for Corporate Goals and Objectives, a Corporate Information and Awareness Program, and the development of a Management Information System. A monitoring system was designed and an extensive database was developed to provide regular planning progress reports to the Executive Director, Directors, the Corporate Strategic Planning Committee and Board of Governors.

Native Services Policy

An Interim Native Services Policy was approved in principle by the Board of Governors in January 1988 to guide the Foundation's delivery of alcohol and drug abuse services to Native Manitobans.

A series of consultations with Native organizations across Manitoba began in March 1989 to review the interim policy statements. Following the consultations, the policy statements will be returned to the Board of Governors for final approval and implementation.

Tuning In To Health Program Evaluation

"Tuning In To Health" (TITH) is a preventive drug education program for Grades 2 to 9, available in both French and English.

An evaluation of the program began in 1986 to determine the effectiveness of the program's goals. The final evaluation report will be completed in June 1989.

Impaired Drivers Program Evaluation

The Impaired Drivers Program (IDP) is available to persons convicted of impaired driving offences who are seeking re-licensing from the Division of Driver and Vehicle Licensing (Manitoba Highways).

The year-long Impaired Drivers Program evaluation is being conducted with a supporting grant from Justice Canada. The final report is scheduled for completion in December 1989.

Evaluations and Research

The Directorate was involved in a variety of **internal** research projects including evaluating the Impaired Drivers program assessment instrument and questionnaire design and data analysis of a community survey conducted by Community Education.

Two **external** requests to conduct research with consenting Foundation clients was approved during this reporting period. A study will be conducted by a doctoral student among clients of the Affected Persons Program starting in September 1989, and a research study into relapse patterns among male alcoholics will be finalized in 1989.

Uniform Data System (UDS)

The UDS is a computerized client and service database of Foundation and external agency programs.

1988/89 was the third year of an extensive review and modification of the UDS to develop a more effective data collection, compilation and reporting system appropriate to program, policy and planning requirements.

1988/89 Annual Statistical Review

This Report is a compendium of annual Foundation and external agency client and service statistics and selected variables. As a consequence of the improved UDS data collection process the AFM can provide a more accurate report this year.

The Report has been expanded for 1988/89, with a variety of new sections, including statistics on female clients, separate sections on Foundation client and Funded Agency client profiles, and a section on the Impaired Drivers Program.

Service Standards Development Project

This Project began in 1985 to develop and implement service standards and a process for auditing those standards within the Foundation. The Project involves the participation of staff from all Regions of the Province to ensure consistent, uniform service delivery, and to provide a method for measuring compliance through the use of interdisciplinary audit teams.

To date, Administrative, Medical and Residential Treatment Standards have been developed and implemented.

Other Projects

The Planning and Research Directorate has been involved in many activities on behalf of the Foundation including:

An outcome evaluation of the **Winnipeg Region Day Program** was conducted during the reporting period. The Day Program is an alternative to traditional residential treatment and a new addition to the range of Foundation treatment options. Information obtained from clients two months and six months following intensive treatment will be compared for similarities and differences.

Data tapes from the Division of Driver and Vehicle Licensing were analyzed to determine trends related to convicted **impaired drivers** seeking Foundation services through the Impaired Drivers Program. Analyses attempt to predict trends to assist program planning.

In cooperation with Manitoba Community Services and the Federal-Provincial-Territorial Advisory Committee on Alcohol and Other Drug Problems, the Foundation participated in efforts to improve **cost-sharing** under the provisions of the *Federal Vocational Rehabilitation of Disabled Persons Act* (VRDP). The Foundation's cost-sharing under the terms of the VRDP Act was reviewed by Manitoba Community Services and an analysis of the Federal National Drug Strategy cost-sharing Agreement was conducted, including participation in an information session with Federal officials.

The Foundation joined with a coalition of other service providers to challenge the amendments to the City of Winnipeg Zoning By-Law which governs **zoning** designations according to type of land use. A court decision was rendered in support of the City of Winnipeg and the coalition of agencies will be appealing the decision.

Directorate staff participated in a Provincial Government inter-departmental working group to develop a proposed strategy for addressing the needs of **Natives living in Winnipeg**. Consultations took place with government departments and agencies which provide services to Natives.

In cooperation with the Program Delivery Directorate, a communications strategy to support the **Women's Services Enhancement Initiative** was developed.

The **Editorial Board** developed and implemented standards and procedures for writing and editing print materials, and for review and approval of materials for publication. It also conducted an audit of existing Foundation publications, recommended materials requiring revision or development, and formed a "Writer's Pool" comprised of volunteer AFM staff to revise or develop print materials for publication.

New **Media Relations** Procedures were developed to assist senior managers and management and supervisory staff.

PROGRAM DELIVERY DIRECTORATE

The Program Delivery Directorate provides treatment and prevention programs and services throughout Manitoba. Programs are delivered in residential settings, by community-based and itinerant staff, and through existing community organizations and associations. Specific Directorate activities support and contribute to the goals of the Foundation as reflected in the priorities of the Corporate Strategic Planning process.

Directorate Highlights

The **Residential Treatment Review** is the third phase of a multi-faceted examination of Foundation treatment program components. The Residential Treatment Review was completed by a staff committee and the recommendations approved for implementation. The revised program will ensure a standardized treatment process for all clients, while maintaining a reasonable amount of flexibility for centres to address the specific concerns of the client populations they serve.

The **Rehabilitation Counsellor Development Committee** is designing a comprehensive program to enhance AFM Rehabilitation Counsellors' skills and experience. The University of Manitoba has accepted the Committee's proposal to expand its Counselling Certificate Program to create the new Applied Counselling Certificate Program: Specialization in Addiction Studies. The new program will provide formal academic recognition of competency in general and substance abuse counselling skills. Individuals working in a counselling-related field are eligible for admission to the program, beginning in the 1989/90 academic year.

In 1988, the Honourable Charlotte Oleson, Minister responsible for the Status of Women, announced the appointment of a committee to consult with women's groups and the women's community at large, in an effort to improve coordination and delivery of women's programs and services. Foundation staff presented a brief to the **Women's Initiative**.

The Foundation has established a cooperative relationship with the **Manitoba Pharmaceutical Association** to explore ways in which the two organizations can work together to address common issues. A listing of potential joint projects has been generated and will be implemented on a priority basis.

National Drug Awareness Week was proclaimed to draw Manitobans' attention to alcohol and drug abuse problems, the resources available to deal with the problems, and alternatives to drug use. The 1988 Manitoba campaign was spearheaded by communities throughout the Province.

The Foundation provided organizational and financial support to participating communities. Activities included school events, contests, speakers, drug-free parties and dances, balloons with messages, mall displays, information booths, newspaper articles, and service club involvement.

WINNIPEG REGION

Winnipeg Region provides services to the Winnipeg, Central, Eastman and Interlake areas of Manitoba.

Treatment Services

Intake Unit

Clients referred to Winnipeg Region's treatment programs are channelled through the Intake Unit, which assesses the degree of a client's chemical use or dependency, and refers clients to appropriate helping resources such as a Foundation service, another alcohol and drug abuse agency, or a self-help group.

Primary Care Unit

The 15-bed Primary Care Unit accepts clients in the later stages of withdrawal from alcohol or drugs. The Unit ensures the safety of each client during withdrawal, prepares them for entry into a treatment program, and encourages and reinforces the motivation to pursue long-term recovery. Length of stay varies according to each individual, but averages three to four days in duration.

Men's Residential Treatment Unit - 1041 Portage Avenue

This 30-bed facility offers a 21-day residential treatment program, including individual and group counselling, film presentations, discussion groups, and lectures. Rehabilitation Counsellors remain involved with discharged clients on a follow-up basis for approximately two years. Throughout the treatment process, links are established with various self-help and community groups for continued support.

Women's Centre for Substance Abuse - River House

River House is a 15-bed residential treatment facility which offers group and individual counselling, lectures, films and discussion groups. The program focuses on issues specific to women and recovery. Rehabilitation counsellors remain involved with discharged clients on a follow-up basis for up to two years. During the rehabilitation process, links are established with various self-help and community groups for continued support.

Non-residential Treatment Programs

Non-residential treatment programs are available to persons who are addicted to alcohol and other drugs, but who have sufficient community resources and supports in place to maintain daily routines without entering the more intensive residential treatment setting. The program offers two months of individual counselling, group sessions, lectures, films and discussion groups. Following this portion of the program, counsellors remain in contact with clients on a follow-up basis for approximately two years. Throughout the rehabilitation process, links are established with various self-help groups for continued support.

Day Treatment Program

This program is designed for persons who do not require treatment in a residential setting, but who do require more intensive programming than provided by the Non-residential Treatment program. The Day Program consists of 14 days of intensive programming during the day, a three-month aftercare component, and up to two years of follow-up services.

Affected Persons Program

The Affected Persons Program provides education and support to persons who are affected by the chemical use of a family member or friend. Group and individual counselling sessions are available.

Youth Intake and Assessment Services

Young people are assessed on the basis of their drug use history and referred to appropriate resources, such as a Foundation program, external agency, or self-help group.

Youth Non-residential Treatment

This is a three-week individual and group counselling program, followed by aftercare for six months to two years. The program helps adolescents to recognize their dependency on drugs; learn how chemical dependency affects them; to understand their emotions and how to cope with them; and how to make changes in their lives to live chemical-free. During the treatment process, links are established with various self-help and community groups.

Impaired Drivers Program (IDP)

The program is available to persons convicted of impaired driving offences who are seeking re-licensing. The program is operated on a fully cost-recoverable basis. Clients are required to pay a fee of \$225.00 at the time of assessment.

Assessment Services: *Three-hour assessments determine the significance of a client's chemical use and whether or not the client requires a referral to the High-Risk Educational Workshop or Treatment program component. With the client's authorization, assessment results are reported to the Division of Driver and Vehicle Licensing.*

High-Risk Educational Workshop: *A one-day workshop which provides accurate information concerning the use of alcohol and drugs, how chemical use affects driving, and impaired driving laws. Participants are required to examine their own drinking and driving patterns and are encouraged to identify alternatives to driving impaired.*

Non-residential Treatment Program: *20 hours of treatment over a three-month period with subsequent three-months' follow-up. Individual and group counselling sessions focus on problem-solving and effecting changes in the client's life.*

Prevention and Education Programs

Satellite Services

Winnipeg Region involves staff located in rural communities. These staff provide non-residential treatment, prevention and education services from their office locations in Selkirk, Gimli, Beausejour and Portage la Prairie to surrounding areas.

Youth High-Risk Program

This program is available to adolescents experiencing difficulties associated with alcohol and/or drug abuse. The program provides information and education to increase knowledge of the harmful effects of chemical dependency, and assessment of young clients' further treatment and rehabilitation requirements.

"Tuning In To Health" (TITH)

TITH is a preventive drug education program available in both French and English, and recommended by Manitoba Education for use with the Chemical Use Section of the Manitoba Health Education Curriculum.

"The Early Years" (Grades 2 to 3). Examines issues surrounding hazardous products and medicines.

"The Middle Years" (Grades 4 to 6). Examines issues such as drugs and decision-making; drugs and influences and smoking.

"Junior High" (Grades 7 to 9). Examines alcohol, tobacco, prescription and over-the-counter drugs, and other drugs, dealing with issues associated with the non-use of these substances.

Community Education Unit

The Unit offers a variety of training courses available to the general public, professionals, para-professionals and students. A complete course calendar is available which outlines such courses as Counselling Alcoholic Clients, Group Skills for Addictions Counsellors, Native Training Program in the Prevention and Treatment of Alcoholism and many others.

The Unit also provides sessions on an occasional service request basis, and will develop and present training on specific topics for specific audiences.

Parent Intervention Program

A program designed for parents who are concerned about their child's use of mood-altering substances. The program explains the Alcoholism Foundation of Manitoba's youth programs, and helps parents to understand how a child's drug use and related behaviours impact on the entire family. The program also assists parents in identifying the symptoms

of chemical dependency and introduces them to other available community supports. The program is conducted over four evenings on a monthly basis.

"Kids & Drugs" Parents Program

This program is designed for parents and persons working with young people who are interested in preventing alcohol and drug-problems. The program provides information about drugs and their use; examines the skills for preventing drug use; and helps parents to develop prevention goals, plans and activities. A Facilitator's Training program is available to volunteer leaders.

Employee Assistance Programs (EAPs)

The Foundation assists employers in establishing programs to help employees whose work performance has deteriorated due to dependency on alcohol, drugs or personal problems. Establishing an EAP requires the cooperation of labour and management in identifying distressed employees, encouraging them to seek help, and ensuring they gain access to the services which are required.

Correctional Services

Chemical Dependency Awareness services continue to be provided to inmates of Stony Mountain Penitentiary and the Rockwood Institution through a contract with Corrections Services of Canada. The two contractors deliver a five-day alcohol and drug awareness program, followed by a skill development program and one-to-one counselling, for all new inmates. Inmates are also assessed and referred to treatment upon release.

Regional Highlights

The Winnipeg Region developed a comprehensive plan for the **enhancement of Winnipeg women's services** including, residential and non-residential treatment services, and prevention and education programming for implementation in 1989/90.

Non-residential program staff developed two pilot programs to provide evening services for female clients, and afternoon services to male clients to offer more flexible and accessible programming schedules to clients.

Youth Unit staff are actively involved with the Youth Justice Liaison Hub-Committee. This Committee is developing guidelines for record-keeping and information disclosure under the Young Offenders Act. Staff began the development of a guidebook for use by high schools in developing comprehensive alcohol and drug policies. This project is one of the objectives of the Youth Intervention Strategy, and will be part of an expansion of secondary prevention programs in selected high schools in Winnipeg and rural Manitoba. The Youth Unit also prepared a series of articles on alcohol and drug abuse which were published in *Class Act*, a magazine distributed to Winnipeg high schools.

The **Impaired Drivers Program** implemented a computerized assessment instrument for the program during 1988/89. The new system, together with better assessment procedures, has improved IDP services to Winnipeg clients. The Foundation assisted in the development of a national media campaign and a 60-second *Play It Smart* advertisement which ran during August in all Cineplex-Odeon Theatres across the country. Staff also assisted in the evaluation of the ad by administering movie patron questionnaires. Other staff are involved in developing a video on impaired driving for high school driver education programs across Canada. This video will have five components dealing with alcohol, drugs and driving and will be focus-tested in late 1989.

Winnipeg Region received a grant from the Federal Department of Justice to develop **high school driver education** and instructor's guideline booklets. This project was carried out with the Division of Driver and Vehicle Licensing, the Manitoba Public Insurance Corporation (Driver Education Division) and the Attorney General's Department. The booklets will be distributed to all new licensees registered in High School Driver Education Programs.

Employee Assistance Program consultative services, workshops and implementation programs were provided to organizations as diverse as the University of Manitoba School of Pharmacy, Manitoba Rolling Mills, Assiniboine Downs Horse Racing Association, the City of Winnipeg and Selkirk General Hospital.

The **TITH program** is available in English and French. The Foundation provides teacher in-servicing and parent awareness sessions for English and French-language schools when requested. The Foundation is completing the printing of the French translation of its TITH informational brochure. The Foundation is revising the junior high edition of TITH and met with Manitoba Education's Health Curriculum Review Committee to obtain feedback on the proposed revisions. Division Superintendents have also been contacted, and invited to provide input into the revision process which is expected to be completed in 1989/90.

The **Kids & Drugs** Facilitators' Committee, which provides ongoing support and training for volunteer facilitators, trained teachers to facilitate the Kids & Drugs program in their schools in the 1988/89 academic year.

The **Community Education Unit**, in addition to its scheduled calendar of training events, developed and facilitated a workshop for the Winnipeg Police Academy; revised and delivered a five-day *Drugs In Perspective* course for the Department of National Defense's Preventive Medicine personnel. This was a continuation of previous Foundation courses offered to the Department and included participation from military personnel from across Canada. The Unit conducted a community needs assessment to determine the future development and delivery of chemical dependency education programs. The results of the assessment will be available in 1989.

Misericordia Hospital School of Nursing students attended in-depth **information sessions on chemical dependency** developed and delivered by Foundation staff. Education and awareness sessions were also conducted for family practice physicians at the Seven Oaks Medical Centre. A series of four lectures on chemical dependency was also delivered to fourth-year Pharmacy students, and staff continued to work with the Pharmacists at Risk Committee regarding the delivery of Winnipeg Region prevention services.

Native training programs and consultation sessions were conducted for the Fort Alexander and Hollow Water Reserves. Consultation sessions were conducted with the Manitoba Indian Education Association, Indian and Metis Friendship Centres, Anishinabe RESPECT and the South East Resource Development Council Corporation. A workshop held at Cross Lake dealing with the facts of alcohol abuse and Foundation services was facilitated with the University of Manitoba for Native students.

The Foundation sponsored the production of the play **"Liars"** about two teenagers, both growing up in separate homes, who are attempting to deal with their parents' alcohol abuse. The play was staged by Actors Showcase for 3,000 school children as an educational and preventive alcohol and drug abuse program. Foundation staff attended each performance to answer questions from the audience following the play.

Winnipeg Region participated with community groups on issues related to **drug use and the elderly**. Staff are developing a Peer Support Program for individuals 55 years of age and over experiencing drug-related problems. The program will be field tested in 1989/90.

Satellite staff from Beausejour, Gimli, Portage la Prairie and Selkirk, responded to requests for public information services regarding prevention, education and treatment. Staff facilitated a number of workshops, including the delivery of the *Chemical Dependency*

Intervention Course in Beausejour and Portage, *Alcohol and Drug Awareness* and *Alcohol and Driving* presentations, promotion of the TITH program, and development and delivery of a workshop for the RCMP Drug Enforcement Unit. Public service requests were carried out for organizations such as the Licensed Practical Nurses Association and senior citizens' groups. Foundation staff facilitated a six-week program for the inmates of the Portage Correctional Centre for Women.

Satellite staff participated with various local community committees, including the Selkirk Hub Committee, the Portage la Prairie and Ashern Community Committees, and Drug Awareness Committees in Stonewall, Beausejour, Pinawa, Gimli and Lundar. A *Road To Recovery* conference, organized in cooperation with the Selkirk Hub Committee, was held at St. Benedict's Academy. Conference participants were residents of Selkirk and the surrounding areas; the program focused on community alcohol and drug abuse issues.

Winnipeg Region prevention and treatment staff developed and maintained networking relationships with a variety of organizations. Activities involved liaison, discussion and consultation with businesses, and health and social services organizations throughout the Region. Education and information sessions were developed for persons from industry, agencies and hospitals to improve referral procedures, communication and follow-up systems between the Foundation and referral sources. Some of the agencies receiving these services included: Charleswood Junior High School, Daniel McIntyre Collegiate, First Nations Confederacy, Kildonan Medical Centre, Manitoba Adolescent Treatment Centre, Manitoba Health Organizations, Inc., Nurses At Risk Committee, Osborne House, University of South Dakota Department of Social Work and Women's Health Clinic Women's Health Interaction Committee.

WESTERN REGION

Western Region provides services from offices located in Brandon, Ste. Rose du Lac, Dauphin, Minnedosa, Rossburn and Swan River.

Western Regional Advisory Board

The 14-member Western Regional Advisory Board is composed of interested and informed citizens representing Western Manitoba who act in an advisory capacity to the Western Regional Administrator and the Foundation's Board of Governors:

*Mr. Phil Cels, Chairman
Mr. Gary Brawn, Vice-Chairman
Mr. Don Hamilton, Secretary*

*Mr. Bill Crawford
Mr. Darryl Darling
Prof. Jack Deines
Ms. Elizabeth Gibson
Ms. Beverley Hicks
Pastor Ted Jannuska*

*Mr. Lawrence McInnes
Ms. Harlene McPherson
Chief Brian Scott
Mr. Vern Sinclair
Mr. Joe Tanner*

The Advisory Board had an active year identifying regional alcohol and drug abuse issues, working on major projects and communicating with other alcohol and drug awareness community groups in the Region.

A report, including options and recommendations related to the replacement of the Sun Centre facility, was completed and presented to the Foundation's Board of Governors in June 1988.

As part of preparations for Drug Awareness Week 1988, the Advisory Board sponsored the Western Region Think Tank on September 17, 1988. The Think Tank involved students and adults from the Region exploring the problems and solutions related to addictions.

The Advisory Board joined with the Parkland Alcohol and Drug Action Committee to sponsor a community workshop for groups and individuals involved in drug and alcohol awareness committees throughout the Western Region. This successful two-day event established a strong regional network of community groups which plan to stage a similar activity next year.

Treatment Services

Residential Programs

Sun Centre (Brandon)

Willard Monson House (Ste. Rose du Lac)

Sun Centre operates a Primary Care Program for persons in the early stages of withdrawal from chemicals, and a 21-day Residential Treatment program. Willard Monson House offers a 21-day Residential Treatment program. Both facilities provide an aftercare program for clients, which assists in the client's reintegration into the community through the support of family, friends and community resources.

Non-residential Treatment Programs

Alcohol Treatment Workers in Rossburn, Minnedosa, Brandon, Dauphin and Swan River provide direct counselling services to clients in the Western Region. They liaise on an on-going basis with helping agencies, caregivers, community and health groups to ensure a high standard level of care for clients.

Impaired Drivers Program (IDP)

The Impaired Drivers Program High Risk component was introduced in Western Region in November 1988, and will be implemented on a pilot basis commencing April 1989. The program experienced a significant increase in assessments during the first and fourth quarters of 1988/89.

Prevention and Education Programs

Community Committees

Western Region staff are involved with community committees in Neepawa, Minnedosa, Russell, Shilo, Virden, Dauphin, Ste. Rose du Lac, and McCreary, developing a variety of activities to raise public awareness of alcohol and drug abuse problems. These committees whose membership includes local citizens and professional staff from many areas and who are interested in alcohol and drug prevention, were instrumental in mobilizing communities during National Drug Awareness Week.

The Dauphin-Ste. Rose du Lac committee is seeking funding for youth projects related to drinking and driving. The Neepawa committee has conducted a drug and alcohol profile survey to substantiate the need for increased community awareness and education. The Virden committee has developed an extensive community awareness program, including education and youth involvement under the National Drug Strategy.

"Tuning In To Health" (TITH)

In-service teacher training and follow-up ensured that the program is being used widely throughout Manitoba. In 1988/89, 85% of Western Manitoba schools were using TITH in their curricula.

Training Programs

Alcohol and drug training programs were offered throughout the year with a special emphasis on the clergy, child care workers, and Native constable target groups. Numerous alcohol and drug awareness sessions were conducted throughout the Region.

Youth Programs

In Dauphin, the Students Triumph Over Problems (S.T.O.P.) and Student Match programs continue to operate successfully. Swan River also has a successful S.T.O.P. Program in place. A Kids & Drugs program was run for a parent group in Russell.

Employee Assistance Programs (EAPs)

The Region continued to assist organizations in establishing and maintaining Employee Assistance Programs. This service was expanded this year to include the hospitals in Virden, Reston, Dauphin and Shoal Lake.

Regional Highlights

Staff throughout the Western Region worked with other agencies to promote understanding of early case-finding and improve the quality of referrals. Regional staff work cooperatively with the Dauphin Lifestyle Committee, the Dauphin Suicide Action Committee, the Parklands Alcohol and Drug Action Committee, the John Howard Society Board, the Swan River Women's Abuse Committee, the Swan River Youth Justice Committee, the Brandon Youth Services Committee, the Manitoba Inter-Agency Council on Smoking and Health and crime prevention committees.

NORTHERN REGION

Northern Region provides services in the Thompson, The Pas, Flin Flon, Gillam and Leaf Rapids areas of Manitoba.

Northern Regional Advisory Board

The 16-member Northern Regional Advisory Board is composed of interested and informed citizens representing a given Region who act in an advisory capacity to the Regional Administrator and the Board of Governors of the Foundation:

*Mr. Ron Fields, Chairman
Ms. Anna Denby, Vice-Chairman*

*Rev. Allan Armstrong
Ms. Iva Chomyn
Corp. Alex Graham
Ms. Sharon Hay
Dr. Neil Haywood
Ms. Carol Hiscock
Judge M. Howell*

*Ms. Norma Leahy
Mr. Blake McGrath
Mayor Don McLean
Mr. Ron Nadeau
Mr. Jim Sanders*
Mr. Larry Soldier
Mr. Vic Wiebe*

(Board of Governors representative)*

The Advisory Board focused its efforts on recruiting new Advisory Board members and working cooperatively with Regional staff in developing new programs. The Board is subsidizing the cost of T-shirts aimed at raising the awareness of the dangers of drinking and driving among Northern Manitoba youth.

Treatment Services

Polaris Place

A 21-day residential treatment program, followed by aftercare, for clients who require intensive intervention due to chemical dependency. The program addresses the addiction problem and the reintegration of the individual into the community through the support of family, friends and community resources.

An eight-bed half-way house is also located at Polaris Place, which provides a supportive, drug-free environment for chemically-dependent individuals actively involved in a personal recovery program. The half-way house assists these individuals in preparing for their return to the community.

Satellite Services

The Region has staff in The Pas, Flin Flon, Gillam and Leaf Rapids, providing non-residential treatment, Impaired Drivers Program services, and prevention and education programming.

Prevention and Education Programs

Impaired Drivers Program

Eleven Impaired Driver Program workshops were held in the Northern Region during the past year.

Training Programs

Prevention and education activities included the delivery of *Alcohol and Drug Awareness* sessions, *Orientation to the Foundation* sessions, teachers in-servicing for the *Helping People Excel* program (HOPE), *Peer Counselling*, *Recognition and Referral*, and *Management of Intoxicated and Disruptive Persons* courses.

The Region received numerous requests for public information services regarding alcohol and drug abuse prevention, education and rehabilitation. Staff were involved in facilitating a number of workshops, such as *Tuning In To Health* parents information sessions, *Chemical Dependency Intervention* courses, *Counselling Addicted Clients* and *Counselling Addicted Client Reflective Skills* workshops.

"Partners in Prevention"

Partners in Prevention (PIP) Fests were held in Gillam and Thompson in November 1988 and February 1989, with approximately 350 students attending. PIP Fests are weekend programs for high school students, which emphasize alcohol and drug issues as they affect self-worth and the development of personal skills. The events are conducted in cooperation with local high schools and community organizations.

STATISTICS

PUBLIC INFORMATION AND EDUCATION SERVICES

The Alcoholism Foundation of Manitoba provides an extensive range of information and education services for professionals, students, and members of the general public. These services range from five-day intensive educational sessions for professionals, to seminars for employers and union representatives, to one- and two-hour awareness events for interested citizens and community groups. These services are provided by the AFM's Community Education Unit, Field Workers and Rehabilitation Counsellors.

In 1988/89, the Foundation sponsored 616 information and education events attended by 27,485 participants. The types of sessions and the number of participants in attendance are shown in **Table 1**.

**TABLE 1:
INFORMATION AND EDUCATION SERVICES 1988/89**

<u>Type of Presentation:</u>	<u>Sessions Held</u>	<u>Participants</u>
<u>Staff Development Courses</u> (e.g. <i>Chemical Dependency Intervention, Counselling Alcoholic Clients, etc.</i>)	23	429
<u>Employee Assistance Programs</u> (Seminars for managers, employees and referral agents.)	108	1355
<u>Structured Prevention Courses</u> (e.g. <i>Tuning In To Health (TITH)</i> teacher training, <i>Kids & Drugs, Women and Addictions, etc.</i>)	47	1022
<u>Special Education Workshops</u> (e.g. Networking/Referral for Treatment, <i>Student Match, etc.</i>)	20	468
<u>General Information Sessions</u> (e.g. Alcohol awareness, prevention, education, etc.)	417	23,961
<u>AFM/University of Manitoba Summer School: Current Issues in Chemical Dependency</u>	1	250
TOTAL	616	27,485

As illustrated in **Table 2**, participants in AFM information and education programs represent diverse backgrounds and vocations.

TABLE 2:
INFORMATION AND EDUCATION PROGRAM PARTICIPANTS
1988/89

Teachers, Principals and Other School Personnel	989
Health Workers (nurses, physicians, other health professionals)	809
Justice System (Probation Officers, lawyers, institutional staff)	271
Social Agency Staff (child and family services, youth residential workers, manpower and other social agencies)	942
Addiction agency staff	372
Employee Assistance Program staff and corporations	1,437
Students	15,300
General Public	7,365
TOTAL	27,485

TREATMENT SERVICES

Primary Care, residential treatment and non-residential treatment are three categories of treatment services for chemically-dependent persons provided by the Foundation. In the 1988/89 fiscal year, a total of 10,475 units of service were provided to a total of 5,572 individuals, excluding clients of the Impaired Drivers Program (see **Table 3**). Units of service are admissions to each program. One individual may receive more than one unit of service. For example, an individual admitted to the Primary Care unit and subsequently transferred to a residential treatment program and then to a non-residential program would be counted three times (see **Figure 1 and Table 3**).

TABLE 3:
TREATMENT SERVICES 1988/89 - ADMISSIONS

	AFM	Funded* Agencies	Total
Treatment Services			
- Primary Care	1,063	15	1,078
- Residential	1,396	1,763	3,159
- Non-Residential - Youth	574	0	574
- Adult	5,479	185	5,664
TOTAL	8,512	1,963	10,475

In 1988/89, the funded agencies' admissions accounted for 18.7% of service units. The AFM's Northern, Western and Winnipeg Regions accounted for 4.4%, 12.9% and 63.9% service units respectively (see **Figure 2**).

Treatment Client Service Profile

Since 1979, the Foundation has operated a computerized data system for the Primary Care, Residential and Non-residential Treatment services provided by both the AFM and the funded agencies.

Highlights from the data system for 1988/89 are summarized as follows:

1. The number of treatment service units delivered by the AFM has decreased by 1,078 in 1988/89 from the previous year. This constitutes a decrease of 11.2% of the 1987/88 total. Treatment services delivered by Funded Agencies decreased by 146 units (a 6.9% decrease).
2. Of the individuals receiving services in 1988/89, 33% were women and 67% were men (see **Figure 3**). The proportions have remained relatively constant over the past five years.
3. Similar to the previous year, in 1988/89, 63.4% of the treatment population was under 35 years of age. In 1988/89, the under 17 years group accounted for 7.0% of all individuals served (see **Figure 4**). Although the percentage of individuals aged 35 or older has declined over the past five years, their numbers have remained relatively constant between 2,000 to 2,400 per year.
4. In 1988/89, 48.4% of individuals receiving treatment services were unemployed (see **Figure 5**). This proportion continues a slight downward trend in the past three years. The proportion of employed persons showed a corresponding upward trend from 26.1% in 1986/87 to 31.1% in 1988/89. **Table 4** presents a breakdown of clients occupation by gender. An inspection of the table reveals that there was a higher percentage of male employed clients (34.5%) than female employed clients (24.3%).

**TABLE 4:
1988/89 TREATMENT SERVICES BY CLIENT
EMPLOYMENT STATUS OF INDIVIDUALS ADMITTED BY GENDER**

<u>Employment Status</u>	<u>Gender</u>		<u>Totals</u>
	<u>Male</u>	<u>Female</u>	
Employed	1281	446	1727
Homemaker	9	390	399
Student	314	201	515
Retired	81	34	115
Unemployed	1963	723	2686
Other	67	44	111
TOTAL	3715	1838	5553

*Data are unavailable for 19 clients.

5. On a per capita basis, more individuals from Northern Manitoba (99.5 per 10,000) took part in treatment than from any other area of the province. The provincial average is 45.0 per 10,000. Rates for Winnipeg, Western and Central Regions were respectively 48.3, 33.4 and 30.5 per 10,000 population (see **Table 5**).

**TABLE 5:
1988/89 TREATMENT SERVICES BY CLIENT
RESIDENCE LOCATION OF INDIVIDUALS ADMITTED AND
PROPORTION OF POPULATION SERVED, BY HEALTH REGION**

<u>AFM Region</u>	<u>H.S.D. Region*</u>	<u>Population*</u>	<u># of Cases</u>	<u>Per 10,000</u>
Central	Central	95,711	322	33.6
	Eastman	91,393	220	24.1
	Interlake	74,499	255	34.2
	Sub-Total	261,603	797	30.5
Northern	Norman	25,077	236	94.1
	Thompson	41,429	426	102.8
	Sub-Total	66,506	662	99.5
Western	Parkland	48,894	137	28.0
	Westman	119,695	426	35.6
	Sub-Total	168,589	563	33.4
W.nnipeg		628,716	3,039	48.3
Manitoba Residents		1,125,414	5,061	45.0
Outside of Manitoba			286	
Not Applicable /NFA***		1	147	
TOTALS			5,494*	

*Data were unavailable for 78 clients.

**Population of Manitoba by Health Region in June 1988 (Department of Health).

***Includes 14 cases reported as being members of Native Tribal Councils rather than by AFM Region of residence.

6. **Figure 7** presents a breakdown of client ethnicity by age. All three ethnic groups listed the highest age category serviced as 25-34 years. The Status Indian and Non-Status/Metis groups were overrepresented, relative to the 'Other' group in the 18-34 age category.
7. In 1988/89, 32.6% of referrals to treatment services were either self-referred or referred by family or friends. A total of 15.9% were referred from other chemical dependence treatment agencies as part of the continuum of care. In addition, a total of 10.1% were referrals from one AFM program to another. As well, 17.4% were referred from the justice system (including law enforcement agencies, the courts, lawyers, the correctional system and the Division of Driver and Vehicle Licensing. The remainder came from the health, education and social service systems, clergy and from outside Manitoba.
8. More than one third of AFM clients (excluding Funded Agencies) report that their family income was less than \$10,000 (see **Figure 6**). Only 22.4% reported having a family income of over \$25,000. These figures are likely underestimates since 20% of all clients indicated that they did not know what their family income was.

IMPAIRED DRIVERS PROGRAM

The Impaired Drivers Program (IDP) is an assessment, education and treatment service provided in cooperation with the Division of Driver and Vehicle Licensing for persons convicted of impaired driving offenses. A total of 2,585 impaired drivers were assessed by the program in 1988/89. A total of 1,062 impaired drivers attended education workshop sessions and 89 were admitted to the IDP treatment program. A further 106 clients were referred to other AFM treatment programs. The number of assessments constitutes a 21.4% increase over the 1987/88 total of 2,129.

Figure 8 shows the monthly numbers of assessments for first and second offenders since the beginning of the first offender program.

WILLIAM POTOROKA MEMORIAL LIBRARY

Figure 9 indicates the number and type of services provided by the AFM's library.

FIGURES

Note: The figures provided in this section are either for "clients" (i.e. those individuals admitted during the year), or on "admissions". One client can have more than one admission.

Figures 1 to 7 include statistics for the AFM and its funded agencies combined. Figure 8 shows IDP assessments and Figure 9 indicates services provided by the AFM's library.

FIGURE 1 - TREATMENT (ADMISSIONS)
1988/89 Admissions by Type of Program

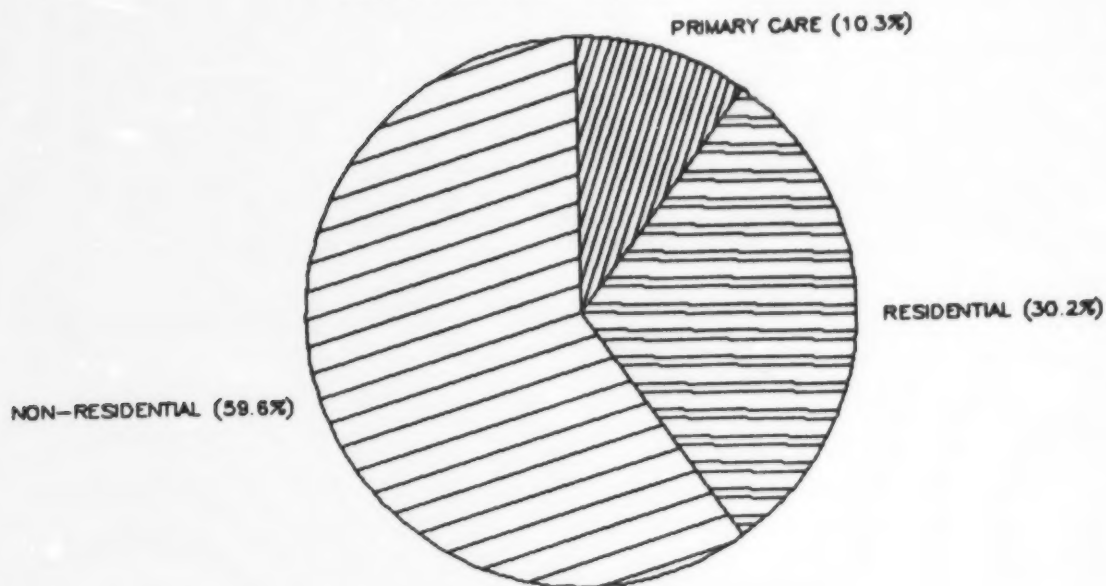


FIGURE 2 - TREATMENT (ADMISSIONS)
1988/89 AFM Regions and Funded Agencies

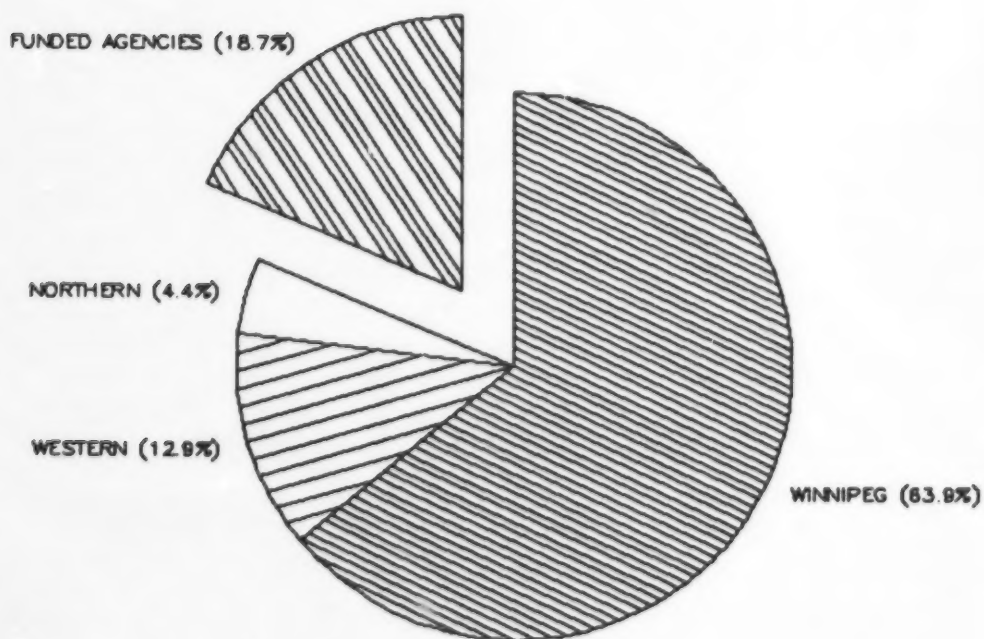


FIGURE 3 - TREATMENT (CLIENTS)
1984/89 Individuals Admitted by Gender

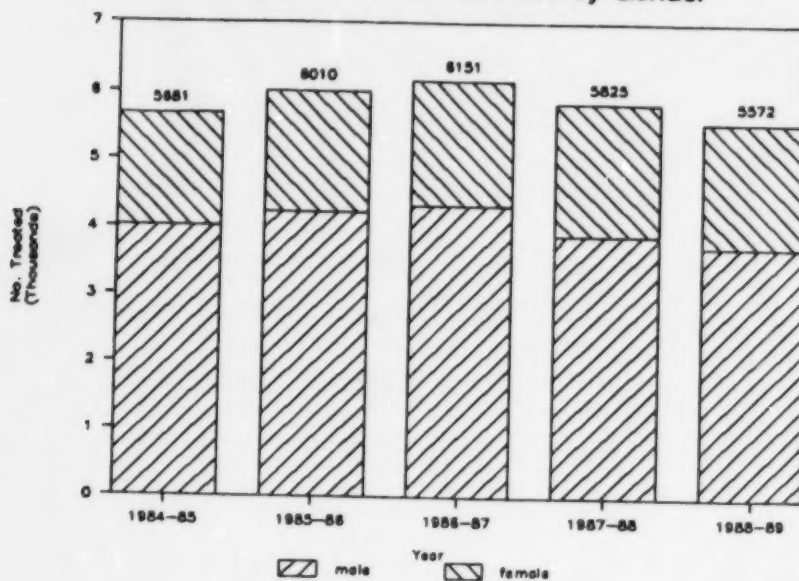


FIGURE 4 - TREATMENT (CLIENTS)
1988/89 Individuals by Age

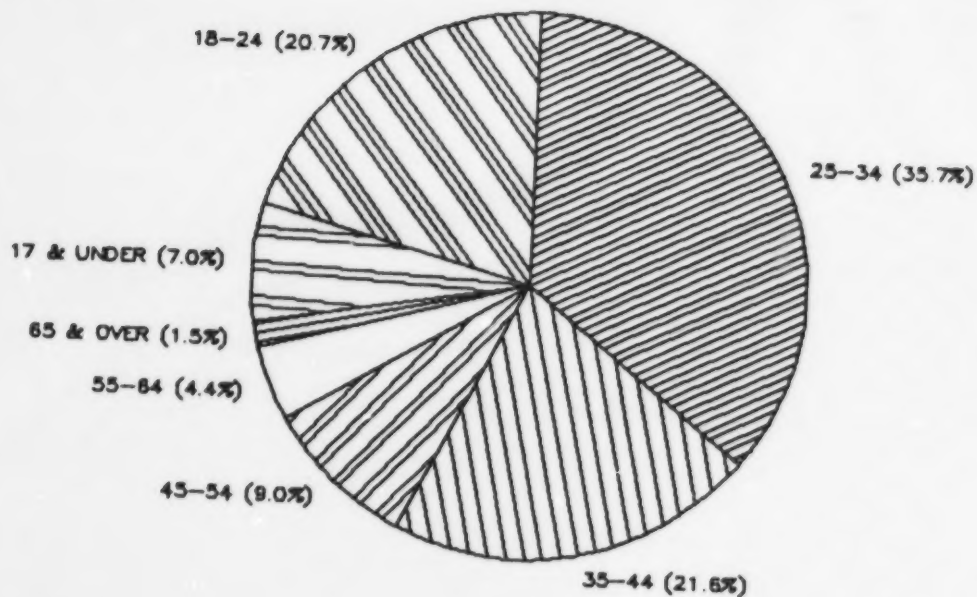


FIGURE 5 - TREATMENT (CLIENTS)
1988/89 Individuals by Employment Status

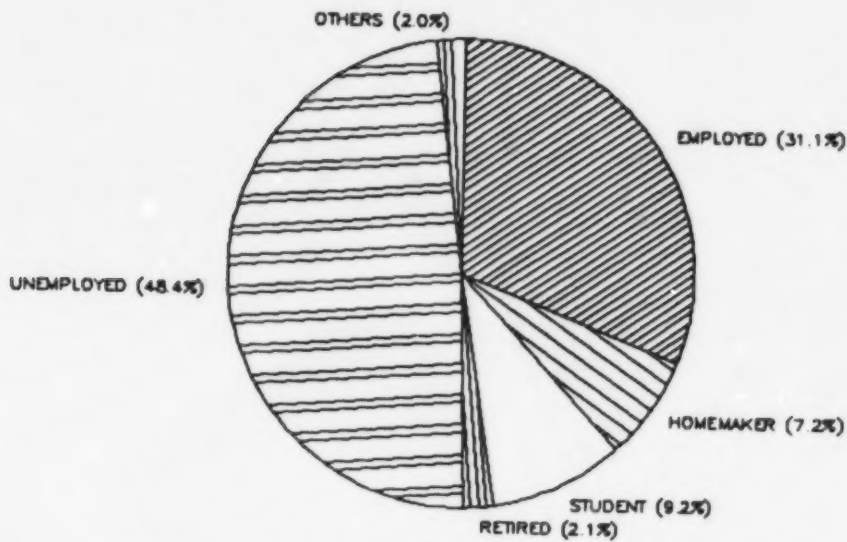


FIGURE 6 - AFM TREATMENT (CLIENTS)
1988/89 Individuals by Household Yearly Income

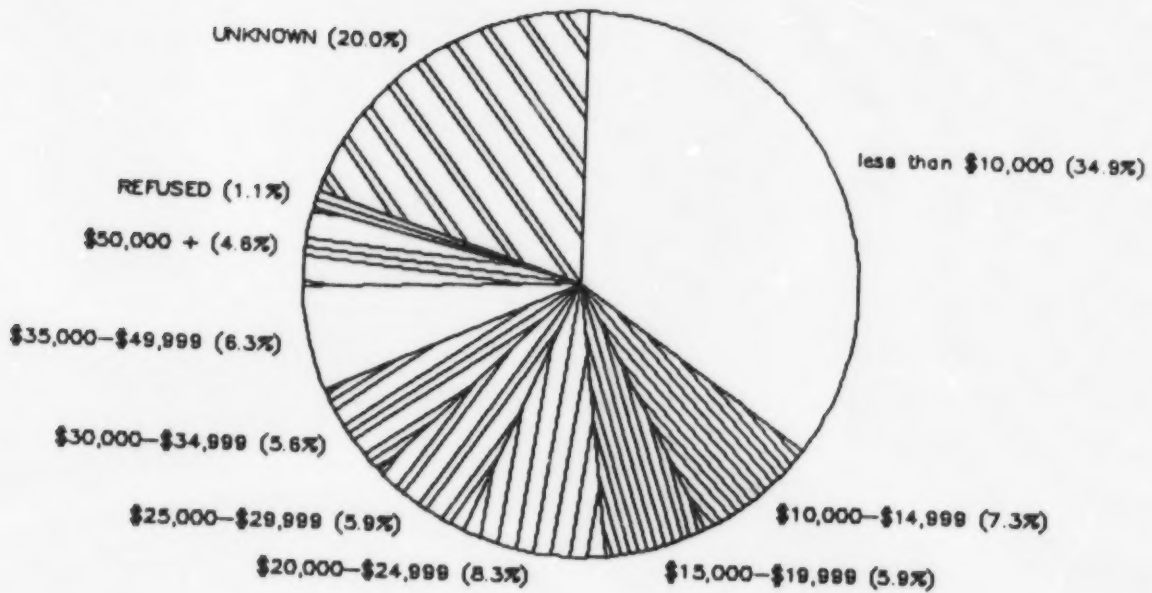


FIGURE 7 - TREATMENT (CLIENTS)
1988/89 Individuals by Age and Ethnicity

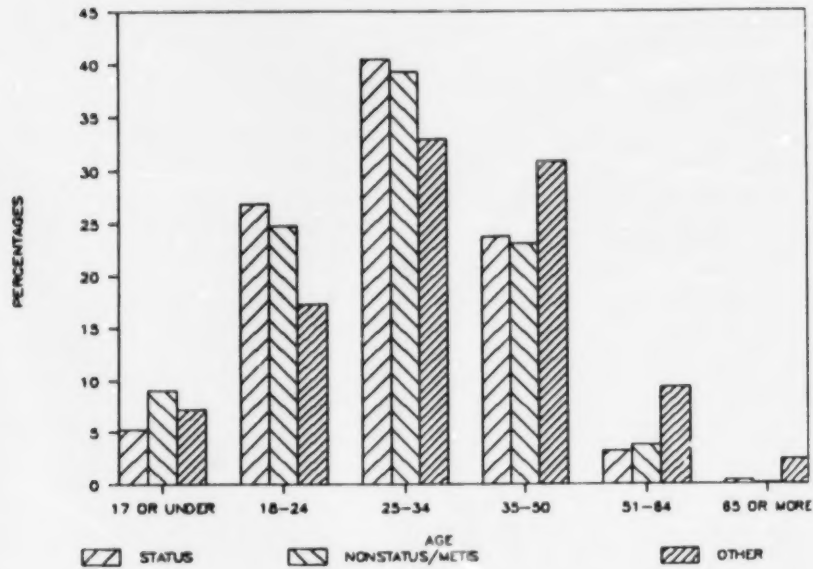


FIGURE 8 - IDP ASSESSMENTS
1st and 2nd Offenders October 1986 to March 1989

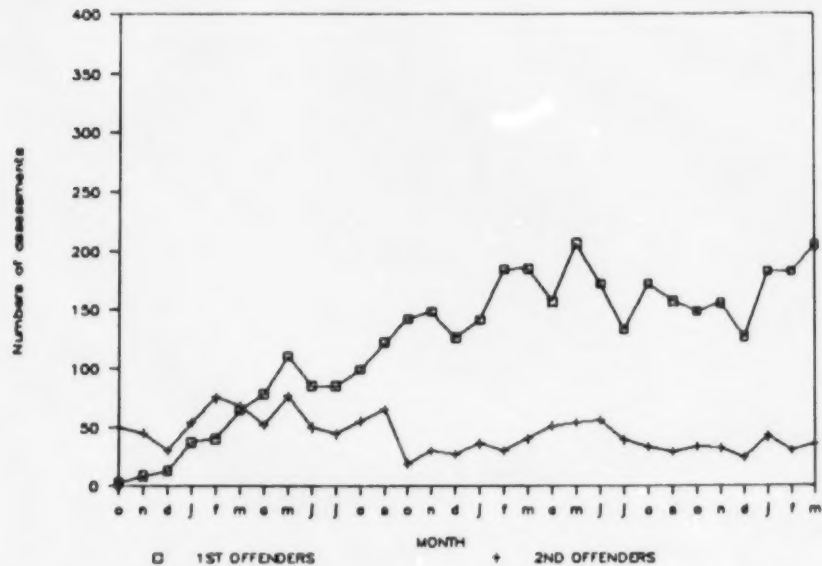
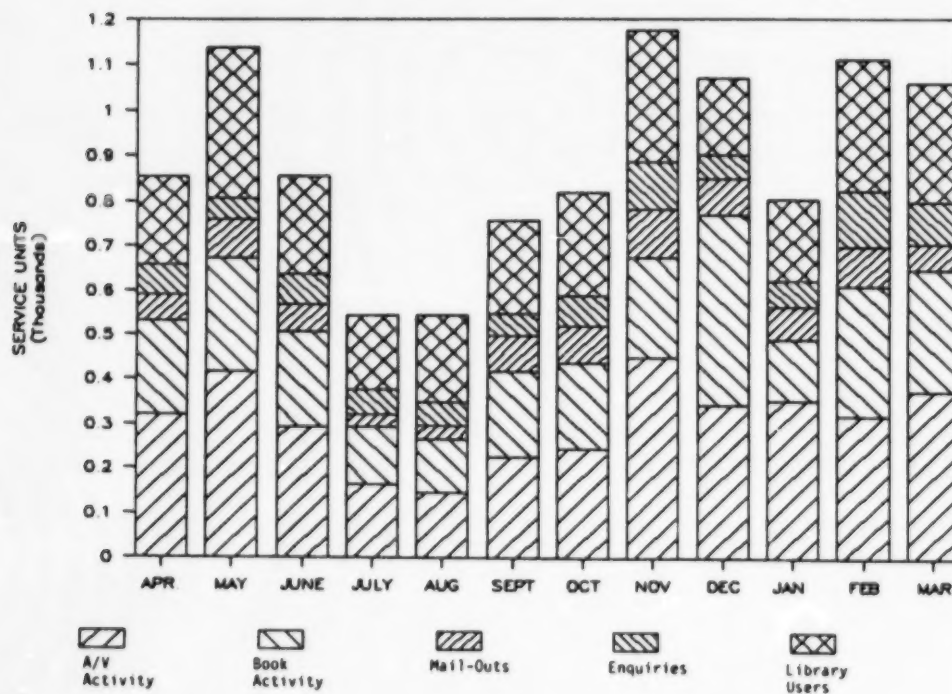


FIGURE 9 - LIBRARY AND INFORMATION SERVICES
Activity Statistics April 1988 to March 1989



DIRECTORY OF AFM SERVICES

A complete Directory of Services including descriptions of services offered at each office location is available from the Foundation Library at 1031 Portage Avenue, telephone 944-6233.

WINNIPEG REGION

1041 Portage Avenue
Winnipeg, Manitoba
R3G 0R8
Telephone: 944-6200

1031 Portage Avenue
Winnipeg, Manitoba
R3G 0R8

Women's Centre for Substance Abuse:

River House
588 River Avenue
Winnipeg, Manitoba
R3L 0E8
Telephone: 944-6229

Christie House
586 River Avenue
Winnipeg, Manitoba
R3L 0E8
Telephone: 944-6229

Youth Programs:

100 & 124 Nassau St.
Winnipeg, Manitoba
R3L 2H1
Telephone: 944-6235

BEAUSEJOUR:

Provincial Building
1st Street
Beausejour, Manitoba
R0E 0C0
Telephone: 268-1411

Locations Served: Beausejour, La Broquerie, Lac du Bonnet, Niverville, Pinawa, Pine Falls, St. Pierre, Ste. Anne, Steinbach, Whitemouth and surrounding areas.

GIMLI:

Johnson Memorial Hospital
P.O. Box 449
Gimli, Manitoba
R0C 1B0
Telephone: 642-5162

Locations Served: Arborg, Ashern, Eriksdale, Fisher Branch, Gimli, Riverton, Stonewall, Teulon, Winnipeg Beach, and surrounding areas.

PORTAGE LA PRAIRIE

25 Tupper Street N.
Portage la Prairie, Manitoba
R1N 3K1
Telephone: 857-9711

Locations Served: Carman, Elm Creek, Eriksdale, Gladstone, Langruth, Long Plains, MacGregor, Morden, Portage la Prairie, Sandy Bay, Treherne, Westbourne, Winkler and surrounding areas.

SELKIRK:

Third Floor - 343 Main Street
Selkirk, Manitoba
R1A 1T3
Telephone: 785-2354

Locations Served: Communities in the rural municipalities of Seikirk, St. Andrews and St. Clements.

WESTERN REGION**BRANDON:**

Sun Centre
Box 1508
Brandon, Manitoba
R7A 6A6
Telephone: 727-6449

Locations Served: East from Brandon to Carberry; south to the U.S. border; west to the Saskatchewan border.

Paterson-Matheson House
Box 1508
Brandon, Manitoba
R7A 6A6

Telephone: 727-0468

Locations Served: Austin, Brandon, Carberry, Glenboro, Hartney, Pipestone, Reston, Shilo, Souris, Virden and surrounding areas.

DAUPHIN:

32 - 1st Avenue NW
Dauphin, Manitoba
R7N 1K7
Telephone: 638-9230 or 638-3523

Locations Served: Alonsa, Crane River, Dauphin, Fork River, Grandview, Ochre River, Roblin, Sifton, Winnipegosis and surrounding areas.

MINNEDOSA:

P.O. Box 40

Minnedosa, Manitoba

R0J 1E0

Telephone: 867-3849

Locations Served: Kelwood, Minnedosa, Neepawa, Onanole, and surrounding areas.

ROSSBURN:

P.O. Box 399

Rosburn, Manitoba

R0J 1V0

Telephone: 859-2375

Locations Served: Foxwarren, Miniota, Rosburn, Russell, Sandy Lake, Shoal Lake and surrounding areas.

STE. ROSE DU LAC:

Willard Monson House

Box 490

Ste. Rose du Lac, Manitoba

R0L 1S0

Telephone: 447-2929

Locations Served: Manitoba.

SWAN RIVER

Box 1450

Swan River, Manitoba

R0L 1Z0

Telephone: 734-2030

Locations Served: Benito, Birch River, Camperville, Cowan, Lenswood, Mafeking, Minitonas, Pelican Rapids, Pine Creek, Swan River and surrounding areas.

NORTHERN REGION**FLIN FLON:**

204 - 143 Main Street

Flin Flon, Manitoba

R8A 1K2

Telephone: 687-8218 or 687-8219

Locations Served: Cranberry Portage, Flin Flon, Sheridan, Snow Lake and surrounding areas.

GILLAM:

Box 250
Gillam, Manitoba
R0B 0L0
Telephone: 652-2288

Locations Served: Bird River, Gillam, Ilford, Limestone, Sundance and surrounding areas.

LEAF RAPIDS:

Box 225
Leaf Rapids, Manitoba
R0B 1W0
Telephone: 473-8684

Locations Served: Leaf Rapids, Lynn Lake, South Indian Lake and surrounding areas.

THE PAS:

Box 2039
#1 St. Goddard Avenue
The Pas, Manitoba
R9A 1L7
Telephone: 623-5489

Locations Also Served: Cormorant, Easterville, Grand Rapids, Moose Lake, The Pas and surrounding areas. The Impaired Drivers Program also serves individuals from the Cranberry Portage, Flin Flon, Sheridan and Snow Lake areas.

THOMPSON:

Polaris Place
23 Nickel Road
Thompson, Manitoba
R8N 0Y4
Telephone: 677-4541

Locations Also Served: Thompson and surrounding areas. The Impaired Drivers Program also serves individuals from Churchill, Cross Lake, Norway House and Wabowden.

OTHER SERVICES AND AFM FUNDED AGENCIES

The Foundation cooperates with self-help groups in the community such as Alcoholics Anonymous, Alanon, Alateen, Narcotics Anonymous, Families Anonymous, Youth Alcoholics Anonymous, and Youth Families Anonymous, and with other health, social service and addictions agencies providing services to Manitobans.

The Foundation funds nine addiction agencies external to the Foundation. These agencies provide a range of services to persons experiencing the effects of the abuse or misuse of alcohol and/or drugs, and assist them in the recovery process and re-integration into the community and workforce.

A brief description of the services provided by each of these agencies is outlined below:

ALCOHOL RECOVERY INC. (ARI)

ARI operates a post-treatment program for men and women located in two seven-bed half-way houses in Winnipeg. The Foundation contributes an annual grant equivalent to the salary and operating costs of one employee.

CHURCHILL HEALTH CENTRE ALCOHOL PROGRAM

The Health Centre offers a non-residential counselling service provided by the Outreach Services section of the Health Centre. The Foundation provides an annual grant equivalent to the salary and operating costs of one employee in the Chemical Dependency Program.

KIA ZAN

Kia Zan operates a 12-bed halfway house program for young adults located at 60 Balmoral Street in Winnipeg which offers a three-month program including counselling and job search assistance. The Foundation contributes approximately 75 per cent of Kia Zan's total annual operating budget.

NATIVE ALCOHOLISM COUNCIL OF MANITOBA (NACM)

NACM operates a 20-bed residential facility located at 160 Salter Street in Winnipeg which emphasizes Native cultural and spiritual components as part of a 28-day rehabilitation program. The Native Alcoholism Council also operates Outreach Programs funded by the Federal Government's National Native Alcohol and Drug Abuse Program (NNADAP).

ROSAIRE HOUSE (THE PAS HEALTH COMPLEX)

Rosaire House operates a 19-bed three-week rehabilitation program. The facility is operated by The Pas Health Complex under the guidance of the Hospital Board. The Foundation contributes approximately 95 per cent of the facility's annual operating budget.

SAGKEENG ALCARE CENTRE

Sagkeeng operates a 40-bed residential treatment facility located on the Fort Alexander Reserve. The Foundation contributes funds to support three treatment beds for services provided to clients who do not reside on the Reserve. The principal funder is the Federal Government's National Native Alcohol and Drug Abuse Program (NNADAP).

SALVATION ARMY HARBOUR LIGHT CORPS

This organization operates residential treatment programs for men, women and couples. The program also includes a sub-acute detoxication unit and a half-way house for men. A total of 88 beds are available for chemical dependency programs. The Foundation contributes approximately 20 per cent of the Corps' annual operating budget. Other external program funding sources include per diems from the City of Winnipeg.

ST. NORBERT FOUNDATION

The St. Norbert Foundation operates a 62-bed, three-month therapeutic community program for adults, couples and families. The program includes individual and family counselling, group therapy, and a work activity program. In addition, this agency operates a youth treatment program at its Lemay House facility. The Foundation contributes approximately 33 per cent of the total annual operating budget.

WOMEN'S POST TREATMENT CENTRE (WPTC)

The Centre operates a non-residential program at 256 Toronto Street. The program provides outpatient counselling to women who have been traumatized by sexual abuse and have developed a drug/alcohol addiction. The Foundation contributes approximately 33% of the projected operating budget. Other program funding sources include Manitoba Community Services, Victims' Assistance Committee and various non-government services.



Manitoba

Office of the Provincial Auditor

THE ALCOHOLISM FOUNDATION OF MANITOBA

Auditor's Report and Financial Statements
for the year ended March 31, 1989



Manitoba

THE ALCOHOLISM FOUNDATION OF MANITOBA REPORT OF THE PROVINCIAL AUDITOR'S OFFICE

We have examined the financial statements, being Exhibits A to C and Schedule 1, of The Alcoholism Foundation of Manitoba for the fiscal year ended March 31, 1989. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances.

In our opinion, these financial statements present fairly the financial position of the Foundation as at March 31, 1989 and the results of its operations for the year then ended in accordance with the accounting policies stated in note 2 to the financial statements applied on a basis consistent with that of the preceding year.

F. H. Jackson, CA
Provincial Auditor

June 7, 1989
Winnipeg, Manitoba

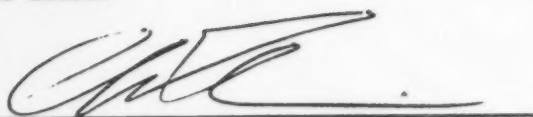
EXHIBIT A

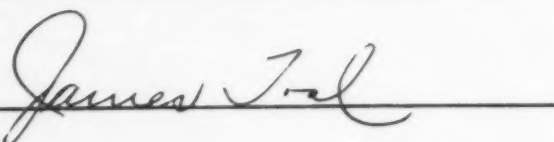
THE ALCOHOLISM FOUNDATION OF MANITOBA

(Incorporated under the laws of Manitoba)
Balance Sheet as at March 31, 1989

	1989	1988
A S S E T S		
Cash	\$ 161,900	\$ 104,357
Accounts receivable	54,667	75,988
Prepaid insurance	15,097	15,744
Land and buildings, (Notes 2 and 6)	1,877,161	1,877,161
	<u>\$ 2,108,825</u>	<u>\$ 2,073,250</u>
L I A B I L I T I E S		
Accounts payable and accrued liabilities	\$ 33,703	\$ 308,952
CAPITAL AND RETAINED EARNINGS		
Capitalized land and buildings	1,877,161	1,877,161
Retained earnings (deficit), Exhibit B	197,961	(112,863)
	<u>2,075,122</u>	<u>1,764,298</u>
	<u>\$ 2,108,825</u>	<u>\$ 2,073,250</u>

Approved by the Board:

Chairperson 

Treasurer 

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Revenue and Expenditure
Year Ended March 31, 1989

	1989	1988
Revenue:		
Government of the Province of Manitoba operating grant	\$ 10,297,400	\$ 9,358,100
Other revenue, (Note 5)	1,024,758	823,970
	11,322,158	10,182,070
Expenditure, Schedule 1:	11,011,334	10,220,965
Excess of revenue over(under) expenditure (Deficit), beginning of year	310,824 (112,863)	(38,895) (73,968)
Retained earnings (deficit), end of year	\$ 197,961	\$ (112,863)

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Cash Receipts and Disbursements
Year Ended March 31, 1989

	1989	1988
Cash receipts:		
Government of the Province of Manitoba		
operating grants	\$ 10,297,400	\$ 9,358,100
Other	1,045,829	806,660
	11,343,229	10,164,760
Cash disbursements, including grants to		
external agencies	11,285,686	10,123,370
Excess of receipts over disbursements	57,543	41,390
Cash, beginning of year	104,357	62,967
Cash, end of year	\$ 161,900	\$ 104,357

THE ALCOHOLISM FOUNDATION OF MANITOBA

Schedule of Expenditures
Year Ended March 31, 1989

	1989	1988
Grants to other agencies	\$ 1,815,455	\$ 1,575,200
Salaries	5,660,013	5,613,794
Wages	693,984	500,471
Advertising and exhibits	11,309	5,700
Audio-visual aids	32,260	24,555
Audit	5,055	4,343
Automobile	145,517	138,368
Board of Governors' honorarium	15,872	18,273
Books, newspapers and periodicals	20,295	21,688
Educational literature	92,449	68,368
Employee benefits	462,443	416,520
Fees	149,409	161,057
Furnishings and equipment	143,864	54,369
Health and post secondary education tax levy	144,239	137,130
Household requisites	80,490	77,885
Materials, repairs and maintenance	293,340	233,410
Medical services and supplies	99,664	96,860
Miscellaneous	21,246	21,598
Postage and telephone	177,298	163,403
Printing, stationery and office supplies	147,251	112,823
Property taxes	66,426	63,412
Rent and insurance	78,332	73,553
Research grants and evaluation projects	18,824	27,394
Staff development	49,606	49,209
Subsistence	233,010	239,706
Training	38,655	23,215
Transportation of patients	7,037	8,443
Travel	156,685	150,020
Utilities	151,306	140,198
Total, Exhibit B	\$ 11,011,334	\$ 10,220,965

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements

Year Ended March 31, 1989

1. Nature of the Foundation

The Foundation is incorporated under the Alcoholism Foundation of Manitoba Act. The Foundation is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans. The Foundation is a registered charity within the meaning of The Income Tax Act.

2. Accounting Policies

The accompanying financial statements have been prepared in accordance with generally accepted accounting principles with the exceptions that pension charges are reflected when paid and reciprocal transfers are reflected when received (explained in note 4), the costs of leasehold improvements, renovations, furniture, equipment and supplies are expensed in the year of purchase, and there has been no provision made in the accounts for depreciation of buildings, which were acquired with specific grant funds from the Government of the Province of Manitoba.

3. Lease Commitments

The Foundation leases buildings, vehicles and equipment under long-term operating leases which expire at various dates between 1989 and 1994. Some of these leases contain renewal options at rates to be negotiated. The following is a schedule by years of future minimum rental payments required under operating leases that have initial lease terms in excess of one year, as of March 31, 1989.

1990	\$54,109
1991	40,510
1992	17,327
1993	15,523
1994	9,055
	<u>\$136,524</u>

4. Pension

Employees of The Alcoholism Foundation of Manitoba are pensionable under the Civil Service Superannuation Fund and make contributions at prescribed rates. The Foundation is required to pay 50% of the Fund's pension disbursements made to retired employees and these are charged to superannuation expenditures as paid. The Foundation records 50% of the pension benefit transfers under reciprocal agreement as other revenue when received. No provision is made in the accounts to fund current or past service costs but the Superannuation Fund is subject to a triennial actuarial review. On the basis of an actuarial report, the estimated unfunded liability for the Foundation's employees amounted to \$4,058,937 as at December 31, 1988 (\$3,387,427 as at December 31, 1987).

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1989

5. Other Revenue

	<u>1989</u>	<u>1988</u>
Impaired drivers program fees	\$ 601,030	\$ 472,125
Recovery of wages, medical services and travel expenditures	86,841	95,062
Services contracts	120,914	80,091
Training course fees	45,764	44,111
Donations	10,914	5,084
Pension Benefit Transfer under Reciprocal Agreement	45,655	-
Miscellaneous	<u>113,640</u>	<u>127,497</u>
	<u>\$1,024,758</u>	<u>\$ 823,970</u>

Included in recovery of wages, medical services, travel expenditures and service contracts is \$147,249 (1988 - \$107,467) from the Government of Canada; \$11,799 (1988 - \$16,036) from the Government of the Province of Manitoba; and \$48,707 (1988 - \$51,650) from the Manitoba Health Services Commission.

6. Land and Buildings

Land and buildings are valued at cost except for Matheson House, Brandon, which is recorded at a nominal value of \$1.

**THE ALCOHOLISM FOUNDATION OF MANITOBA
CASH RECEIPTS AND DISBURSEMENTS SUMMARY
YEAR ENDED MARCH 31/1989**

DIVISION	ESTIMATES (\$000'S)	DISBURSEMENTS (\$000'S)	VARIANCE (\$000'S)	EXPLANATION (\$000'S)
Provincial Executive	\$ 185.5	\$ 187.8	\$ (2.3)	
Planning and Research	420.3	379.1	41.2	
Support Services				
- Directorate Services	101.5	106.9	(5.4)	
- Finance	247.5	254.4	(6.9)	
- Bldg. Operations	691.9	895.0	(203.1)	1.
- Personnel	317.2	318.4	(1.2)	
- Library	<u>133.5</u>	<u>151.7</u>	<u>(18.2)</u>	
Subtotal	1,491.6	1,726.4	(234.8)	
Program Delivery				
- Provincial Services	173.7	177.4	(3.7)	
- Winnipeg Region	4,136.8	3,834.8	302.0	2.
- Western Region	1,880.9	1,910.6	(29.7)	
- Northern Region	<u>1,310.5</u>	<u>1,254.2</u>	<u>56.3</u>	
Subtotal	7,501.9	7,177.0	324.9	
Funded Agencies	<u>1,774.4</u>	<u>1,815.4</u>	<u>(41.0)</u>	
Total Disbursements	\$11,373.7	\$11,285.7	\$ 88.0	
Total Receipts	<u>\$11,373.7</u> =====	<u>\$11,343.2</u> =====	<u>\$ (30.5)</u> =====	3.
Excess of Receipts Over Disbursements		\$ 57.5		
Cash, Beginning of Year		<u>\$ 104.4</u>		
Cash, End of Year		<u>\$ 161.9</u> =====		

EXPLANATIONS:

1. The overexpenditure was due mainly to the following:
 - (a) increases in maintenance and repair requirements associated with general upgrading and safety/security matters for Winnipeg treatment and office facilities \$(106.4).
 - (b) increases in computer-related expenditures \$(39.6).
 - (c) increases in furniture/equipment acquisitions and office supplies expenditures primarily related to treatment programs (\$61.8).
2. The underexpenditure was due mainly to the following:
 - (a) decreases in Impaired Drivers' Program expenditures due to lower client volumes than estimated \$129.9 [See #3(a) below].
 - (b) decreases in staff costs due to the timing involved in filling vacant positions \$116.2.
 - (c) decreases in travel, educational literature and client transportation costs \$36.7.
3. The reduction in cash receipts was due to:
 - (a) reduced revenue due to lower client volumes in the Impaired Drivers' Program \$(150.4).
 - (b) increases in program evaluation and personnel contract revenue \$70.3.
 - (c) increases in other revenue \$49.6.